Positive Behavioral Interventions & Supports



Newsletter October 2015

Topic of the Month: What is PBIS?

Positive Behavioral Interventions & Supports (PBIS) creates positive relationships and teaches social skills. PBIS identifies and helps to understand challenging behaviors, as well as helps the child to learn new skills and replace challenging behaviors.

Some topics we will be discussing throughout the year are: positive praising, tips on playing with your child, and Tucker Turtle!!

Benefits of utilizing PBIS are numerous. Children will learn how to play with others and express their own feelings, along with problem solving skills and how to calm down. PBIS will help to build a positive relationship between you and your child.

Positive Phrasing

Suggestions of positive ways to give clear directions to your child. Instead of telling your child to stop what they are doing, tell your child what you want them to do.

Filling/Refilling Activities



Every month there will be suggestions of ways to spend time with your child.

"Every child needs someone who is crazy about him/her."

Book Nook:

Suggestions of a variety of books (title and author) will be given every month. The books are taken from numerous categories, such as, feelings, problem solving, self confidence and relationships.

Craft Corner:

Throughout the year, suggestions of fun activities and craft ideas will be given. Some ideas given will be directed towards the books suggested in the Book Nook section. This could be a craft or activity/game idea.

Social Stories:

In the center there are social stories that the teacher is able to make a copy of and send home.

These social stories promote positive behaviors and help children learn replacement behaviors, problem solving solutions and support social/emotional development.

Interested in more information?

www.vanderbilt.edu/csefel