

Positive

Behavior

Support

# Newsletter

March

## Topic of the Month: *Tips for Playing with Your Child*

1. **Follow your child's lead:**  
Wait to see what your child is interested in playing with and join in.
2. **Talk, talk, talk about what your child is doing:**  
Narrate your child's play, like a sport's caster. Describe, make comments, and expand on what your child is doing. Try to limit questions during play; your child will lose interest and this will stop the play.
3. **Encourage your child's creativity and imagination:**  
Use this time to explore your child's imagination and creativity. So if the snake roars, then let him roar...if the train flies, then let it.
4. **Watch your child's cues:**  
See if your child is becoming disinterested in the play. If they are, ask your child what they want to do.
5. **Avoid power struggles:**  
Make sure this is a fun time with your child. Go with the flow and enjoy the fun!

*"Every child needs someone who is crazy about him/her."*

### **Book Nook:**

-The Kissing Hand by Audrey Penn

-I Can Share by Karen Katz

-The Rainbow Fish by Marcus Pfister

### **Craft Corner:**

#### The Kissing Hand

Draw your hand and your child's hand on a piece of paper. Cut it out and decorate them together. Exchange the hands so your child has your hand print to take to school. Another idea is to make your favorite sandwich with your child. Using a heart shaped cookie cutter, cut the sandwich out and have lunch while reading this book together.

### Positive Phrasing

Try using these positive phrases, instead of using "don't" and "no".

<u>Use</u>	<u>Avoid</u>
Talk like a big girl/boy	Stop whining
Play with your toys on the floor	Don't throw your toys



### **Filling/Refilling Activities**

**Sing your favorite songs together, play a game together and give lots of hugs.**

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